

# Sacred Soul Rituals

Holistic Therapies for mind, body, and soul. At Integrative Alchemist we work with the following healing modalities to create a bespoke Healing session, tailored just for you. Kinesiology, Neuro Touch, Homobotanicals, Crystal energies, Nutrition, Colour Therapy, Chinese element theory, Mandalas, Skin Coaching, Dermo Nutrition, Flower Essences, Essential Oils, Bach Remedies, goal setting, belief system work, Theta healing, Soul Power, Reiki and hands on healing and Clendening technique.

Every session is a sacred experience, designed just for you, by your own soul's wisdom. We have a lot of options available to us on our healing journey. At Integrative Alchemist our speciality is to use the vast tools available to us to design your bespoke Sacred Soul Ritual.

## Discovery call \$35 15 mins

Not sure which way to go? Lets connect and see what fits best for you and your needs.

## Soul Power 1.5 hours \$125 (can be done distantly)

A combination of kinesiology (muscle monitoring), energy healing and colour therapy. Kinesiology is used to determine your body's balance and assist in correcting any imbalances, along with energy work, using colour to re-energise, revitalise, and rebalance your energy flow. Creates wellbeing on all levels: physical, mental, emotional and Spiritual.

## Sacred Energy Beauty Ritual 1.5 hours \$152

This magical treatment aligns your body on all dimensions, using crystal, salts and essences, along with energetic healing techniques and massage, this gives you a full vibrational reset wrapped in beauty, helping to achieve a deeper sense of harmony, tranquillity, and balance.

## Sacred Energy 1hour \$89

A half an hour massage combined with the Chinese 5 element theory (Earth, fire, water, metal, wood), Vibrational Energy and using Sacred Energy Liquid Light Essences, Mandalas, Mist Sprays, and Solar Harvested Sea Salts to help bring you in to balance

## Sacred Energy add on treat 15mins \$35

Add this mini healing to any facial or self-care treatment. This simple but powerful extra treatment works with the Chinese Five Element Theory and uses Sacred Energy Liquid Light Essences, Mandalas, and Mist Sprays to help bring you in to balance.

## Distance healing 1.5 hours \$125

Though you may miss the ambience a visit to the healing clinic brings, you will still reap the benefits as we work on your etheric body distantly to rebalance your body mind and spirit. After the session is complete a voice recording will be sent detailing what was worked on within the distance healing session. This is a great option for clients who cant make a booking time

### Innate Neuro Consultation Prices below (Can be done distantly)

Innate Neuro uses muscle monitoring and integrated neurological systems to determine, locate, assess and heal damage or disconnections in the body and brain's energy circuits .

This is done by making contact with multiple points along the body to trigger a specific pathway. A muscle test, usually of the arm, gives indicators to determine whether confusion is associated with any body/brain system. Once we locate pain points, disconnects or dysfunctions in the multiple systems of the body we can also locate pathways to healing. Thus making it the ultimate personalized healing treatment, tailored to each client's needs we can also use emotion and body

harmony work along with healing testing kits to eliminate any energetic disconnections, allowing the treatment to work on levels of our being assisting with a range of conditions

Endorsed by Neuro Touch NZ

\$143 90 mins

\$107 60 mins

\$89 45 mins

\$62 30 mins

### Colour Therapy Consultation approx. 1 hour \$125

Deep within we each know ourselves far better than we realise. During a Colour Therapy consultation, you will be guided through choosing your bottles to help access this deep inner knowing which is beyond the conscious mind, the part of you that knows your true path in life, your needs and your gifts. Using Colour Therapy supports the rise of our self-awareness, and brings harmony to our being allowing you to discover and align to your purpose in life, helping you to handle stresses in your life, and remain in an harmonious state. Includes a remedy

### First Light Flower Essences of New Zealand® consult (by phone) 15-30 min \$89

I craft a personalised flower essence blend to empower you and to help you move forward, working on the levels of the personality, aura, chakras, DNA an soul, we align you with your constitution and aspects of self that need healing, if you feel the call, these magical remedies can help with, times of feeling uneasy, unsettled or out of sorts , stuck and can't move forward, overwhelmed, needing support help to find clarity and guidance, to assist you to finding your inner strength and stepping in to your full potential an much more. Remedy included

### Homeobotanical Consultation (by phone) 15-30 min \$89

Homeobotanicals combine the homeopathic principles and the effectiveness of herbal medicines giving you an incredible healing combination that is fast and effective. Homeobotanical Concentrates prescriptions are personally selected and created based on your health needs. Includes a remedy

